ERBM
RECREATION & PARK DISTRICT
Meeker, Colorado

LINE-UP

ONLINE ONLY EDITION

UPDATED: Friday, May 29, 2020 at 7:30pm

SUMMER 2020

JUNE | JULY | AUGUST

REGISTRATION BEGINS MONDAY, MAY 11

ON-SITE AND CALL-IN REGISTRATION AVAILABLE

101 Ute Road, Meeker, CO • www.ERBMrec.com • 970-878-3403

Registration Hours (Phone or On-site at Meeker Recreation Center):

Beginning May 26: Monday-Friday: 5:00am-7:00pm
Saturday-Sunday: Noon-4:00pm

Welcome to the ONLINE ONLY edition of the Summer 2020 Line-Up!

This brochure contains all recreation programs for the summer months, hosted by ERBM Recreation & Park District and partners. Due to the ongoing changes and challenges of the coronavirus, many of these programs are contingent on national and state directives and safety precautions. Up-to-date information on any program changes will be published in this publication as well as on ERBM's website at www.ERBMrec.com and Facebook.

Additionally, to offer further support and incentivize ongoing participation for all Meeker residents during this time, ***a 25% discount will be applied to all fee based programs that begin and end in 2020. These discounts will be listed by each applicable program cost (with the exception of races).***

As closures and hours are continually changing due to directive, please visit our website for the most accurate information on the following items:

- **Center and Pool Hours: www.ERBMrec.com/hours**
- **Fitness Room Information: www.ERBMre.com/fitnessroom**
- **Fees: www.ERBMrec.com/fees**

The Meeker Recreation Center will remain closed through Memorial Day, May 25, with anticipated reopening on Tuesday, May 26 (barring any additional public health directive changes or unforeseen delays in pre-planned maintenance projects). However, with the onset of spring there are plenty of opportunities for you and your family to get outside and recreate in our local parks and trails. Additionally, visit our website to participate with staff via videos in our A La Carte Activities section (ERBMrec.com/virtualactivitieshome). Please observe all appropriate public health precautions while you enjoy these amenities.

ERBM is proud to serve the Meeker community and trust that we will make it through these challenging times even stronger and more resilient. Stay safe and well!

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HOW TO REGISTER

Registration begins
Monday, May 11 at 7:00am.

By Phone: Call 970-878-3403.
On-site Registration (May 26 and after):
M-F 5:00am-7:00pm
Sat-Sun Noon-4:00pm

EXPECTED CLOSURES/ MODIFIED HOURS

July 4: MRC Building CLOSED
September 7: CLOSED
November 26-27: CLOSED
December 25-26: CLOSED

Visit www.ERBMrec.com for all updates on closures and modified hours.

REGISTRATION BEGINS MONDAY, MAY 11 AT 7:00AM.

Due to the uncertainty of the ability to run various programs and events this summer, programs and events may be subject to change. We will keep you informed as we learn more.

Meekerpalooza Series

When: June 12, June 26, July 17, & July 31
Who: All Ages
Where: Downtown Plaza
Cost: Free

Come enjoy great music, the farmers market, and activities for all ages. This collaboration between ERBM, Meeker Chamber of Commerce, and MACC provides family-friendly entertainment where the community can bask in beautiful Colorado summer evenings.

Friday, June 12
4:00pm – Farmer's Market - **CANCELLED**

Friday, June 26
4:00pm – Farmer's Market
5:30pm – Blues Cruz Fun Runs (1 Mile or 2 Miles)
6:00pm – Concert: Buffalo Commons (Soul Grass Band)
Volleyball Tourney, & Beer Garden

Friday, July 17
4:00pm – Farmer's Market
6:00pm – Concert: Hunker Down (Folk Rock)
Cornhole Tourney & Beer Garden

Friday, July 31
4:00pm – Farmer's Market
6:00pm – Concert: Wood Belly (Bluegrass)
Inflatable, Pickleball Tourney, & Beer Garden

Blues Cruz Fun Runs

When: June 26 | Friday | 5:30pm
Who: All Ages
Where: Downtown Plaza
Cost: Free
Early Bird Deadline: June 25 at 6:00pm

Kick off summer with our fast and flat Blues Cruz Fun Run! Pick your distance, either one mile or two. Celebrate your finish at the first Meekerpalooza Series concert of the summer. Come dressed in your Blues best. Walkers are welcome. Registration for first 100 participants includes Blues sunglasses. Prizes for runners will be awarded to fastest overall male and female finisher in each race.

REGISTER & DETAILS: ERBMrec.com/bluescruz

Online registration is now open. You may also register with Guest Services. Course maps and other details available at above website and at the Meeker Recreation Center. Race packet pick up available Thursday, June 25 from 8am-6pm at MRC; day of registration and packet pick up available from 4:00pm-5:15pm at ERBM registration tent at the Downtown Plaza. ***Volunteers needed! ERBM would love your help on race day. Call Krista at 970-878-7427 for more information.***

20th Annual Recital

When: June 27 | Saturday | Starting at 10:00am
Who: All Ages
Where: Admin Gym
Cost: Free Admission

Due to COVID-19 closures, the Annual Recital has been moved to Saturday, June 27 (formerly May 2-3).

10:00am	Tumble Fun
10:30am	Tumble Levels 1 & 2
11:00am	Tumble Levels 3 & 4
11:30am	Creative Movement

1:00pm	1st-2nd Jazz & 5th-6th Jazz
1:30pm	3rd-4th Jazz & 7th-8th Jazz
2:00pm	Tap/Ballet & Contemporary/Ballet
2:30pm	Lyrical/Ballet & 9th-12th Jazz
3:00pm	ERBM Dance Company, Adult Tap, & Seniors

Run for Your Life 5K (Run & Walk)

When: July 4 | Saturday | Both races start at 7:45am
Who: All Ages - Divisions for Male & Females
6 & Under, 7-12, 13-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+
Where: Downtown Plaza
Early Bird Cost: $20
Full Cost: $25
Early Bird Deadline: July 3 at 7:00pm
Final Deadline: July 4 at 7:30am

NEW COURSE!

Kick off the Fourth of July in red, white, and blue style! Join family and friends on the redesigned course at the annual Run for Your Life 5K. Register to walk or run. There is a 1.5 hour time limit to complete the course. Registration includes a T-shirt (T-shirt sizes guaranteed for registrations completed before June 19).

REGISTER & DETAILS: ERBMrec.com/runforyourlife

Online registration is now open. You may also register with Guest Services. Course maps and other details available at above website and at the Meeker Recreation Center. Race packet pick up available July 1-2, 8:00am-6:00pm, at the Meeker Recreation Center. On July 3, look for our ambassador table with Range Call vendors to register and packet pick up. Day of registration and packet pick up available from 6:30am-7:15am at ERBM Registration Tent at the Downtown Plaza.
Volunteers needed! ERBM would love your help on race day. Call Krista at 970-878-7427 for more information.

ERBM Parade Float (July 4)

When: July 4 | Saturday | 9:00am
Who: All Ages
Where: Meet at Admin Gym
Cost: Free
Deadline: July 1

Calling all past and present participants of ERBM programs, workshops, and events! Jump on our float to be part of the Range Call 4th of July parade. If you have it, wear apparel that reflects the program in which you have been involved (e.g. dance costume, swim cap, kid's camp T-shirt, etc.) Call Guest Services at 970-878-3403 to register by July 1.

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Stars-n-Stripes 3-on-3 Basketball Shootout

When: July 4 | Saturday | Noon
Who: Male & Female Divisions
3rd-4th Grade, 5th-6th Grade, 7th-8th Grade, 9th-12th Grade, Adult 18+
Where: Town Park Basketball Courts
Cost: $40 per team
Deadlines: June 13 to guarantee T-shirt
July 4 at 11:30am registration closes

Get your all-star team together and join us for the Stars-n-Stripes 3-on-3 Basketball Shootout during the annual Meeker Range Call celebration. Pre-register by June 13 to guarantee an event T-shirt. Avoid the lines, register on July 3 at the ERBM ambassador table with Range Call vendors. Day of registration and team check-ins will be from 10:00am-11:30am at the ERBM registration tent at the Downtown Plaza. Games will begin at noon and courts will be divided by age divisions. Rules and regulations for the tournament can be found at the Meeker Recreation Center or online at www.ERBMrec.com/programforms.

- *Minimum of two teams per age division; minimum of three players per team/maximum or four players per team.*
- *Divisions may be combined depending on number of teams.*
- *Individuals may play up one age bracket, but not down.*

YouthFest & Cardboard Float Race

When: July 18 | Saturday | 10:00am & Noon-3:00pm
Who: All Ages
Where: MRC Pool & South Lawn of MRC
Cost: Free

July is Parks and Recreation Month! Join ERBM to celebrate with a Cardboard Float Race, bounce house, waterslides, and root beer floats!

Cardboard Float Race
10:00am
MRC Pool
Try something new! Build a vessel and join the first Annual Cardboard Float Race. Vessels can only be built with cardboard and tape; no paint, markers, etc.
Race Divisions: 5-7, 8-10, 11-13, 14+,
Family/Group (up to four people)

YouthFest
Noon-3:00pm
South Lawn at Meeker Recreation Center
Jump in the bounce houses, slide on the waterslides, and enjoy a root beer float at this annual event!

Tot-Spot
DROP-IN CHILDCARE

There will be no Tot-Spot during the summer months in 2020 due to coronavirus closures and social distancing directives. Tot-Spot will return in the fall.

Du the Trails Duathlon (Super Sprint & Sprint)

When: August 29 | Saturday
8:00am
Who: All Ages -
Divisions for Male & Females
6 & Under, 7-12, 13-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+
Where: Sulphur Creek Road & Phillip & Dorcas Jensen Memorial Park/Meeker Trail System
Early Bird Cost: $35 Individual | $45 Team
Full Cost: $45 Individual | $55 Team
Early Bird Deadline: August 21
Final Deadline: August 27 at 6:00pm

Get off the pavement, experience country roads, and run mountain trails at the Du the Trails Duathlon. World class trails make this duathlon a unique and scenic experience. This duathlon features a super sprint and sprint option, as well as an option to compete as an individual or team. Mountain bike and helmet are required. Running shoes are recommended. Registration includes a T-shirt. Awards will be presented at the conclusion of each race to the fastest overall male and female finisher and top male and female finisher in each age division. Award ceremony will take place at the Paintbrush Park finish area.

Super Sprint: Bike 6 miles on road and gravel with two cattle guards; Run 1.8 miles on road/trails

Sprint: Bike 12 miles on road and gravel with at least two cattle guards; Run 3 miles on road/trails

REGISTER & DETAILS: ERBMrec.com/duthetrails

Online registration is now open. You may also register with Guest Services. Course maps and other details available at above website and at the Meeker Recreation Center. Race packet pick up available August 28, 12:30pm-6:00pm and August 29, 6:30am-7:45am at MRC. ***Volunteers needed! ERBM would love your help on race day. Call Sara at 970-878-7435 for more information.***

REGISTRATION BEGINS MONDAY, MAY 11 AT 7:00AM.

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Tri the Trails Triathlon (Super Sprint & Sprint)

When: August 29 | Saturday
8:00am
Who: All Ages -
Divisions for Male & Females
6 & Under, 7-12, 13-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+
Where: Sulphur Creek Road & Phillip & Dorcas Jensen Memorial Park/Meeker Trail System
Early Bird Cost: $35 Individual | $45 Team
Full Cost: $45 Individual | $55 Team
Early Bird Deadline: August 21
Final Deadline: August 27 at 6:00pm

Get off the pavement, experience country roads, and run mountain trails at the Ti the Trails Triathlon. Warm pool water and world class trails make this triathlon a unique and scenic experience. This triathlon features a super sprint and sprint option, as well as an option to compete as an individual or team. Swim attire, mountain bike, and helmet are required. Goggles, swim cap, and running shoes are recommended. Registration includes a T-shirt. Awards will be presented at the conclusion of each race to the fastest overall male and female finisher and top male and female finisher in each age division. Award ceremony will take place at the Paintbrush Park finish area.

Super Sprint: Swim 300 yards (6 laps, 12 lengths); Bike 6 miles on road and gravel with two cattle guards; Run 1.8 miles on road/trails

Sprint: Swim 750 yards (15 laps, 30 lengths); Bike 12 miles on road and gravel with at least two cattle guards; Run 3 miles on road/trails

REGISTER & DETAILS: ERBMrec.com/trithetrails

Online registration is now open. You may also register with Guest Services. Course maps and other details available at above website and at the Meeker Recreation Center. Race packet pick up available August 28, 12:30pm-6:00pm and August 29, 6:30am-7:45am at MRC. ***Volunteers needed! ERBM would love your help on race day. Call Sara at 970-878-7435 for more information.***

Wild 'n Wooly Trail Races (5K, 10K, & 25K)

When: September 12 | Saturday
5K: 8:00am start
10K: 7:30am start
25K: 7:00am start
Who: All Ages -
Divisions for Male & Females
6 & Under, 7-12, 13-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+
Where: Starts behind Meeker Recreation Center, incorporates the Phillip & Dorcas Jensen Memorial Trails/Meeker Trails, and ends in Paintbrush Park.
Early Bird Cost: 5K $25 | 10K $40 | 25K $60
Full Cost: 5K $30 | 10K $45 | 25K $65
Early Bird Deadline: September 11 at 6:00pm
Final Deadline: 30-minutes prior to race start time

Run wild on wooly terrain! Breathtaking views and formidable trails await. Choose your distance–5K, 10K, or 25K. Each race features a variety of trails, gravel roads, pavement, and incorporates the Phillip & Dorcas Jensen Memorial Park Trail System. All races start behind the ERBM Recreation Center and finish at Paintbrush Park. Race entry fee includes a technical T-shirt and a finishers medal. T-shirt sizes guaranteed for registrations completed before August 28. Registration is capped at 100 participants for the 10K and the 25K. ***Cut off time for the 25K at the top of China Wall Trail is 8:30am. If participants are not there by that time, they will be directed to the 10K course by a course marshal. All courses will close at noon.*** Awards will be presented at the conclusion of each race to the fastest overall male and female finisher and top three male and female finishers in each age division. Awards ceremony will take place at the Paintbrush Park finish area.

REGISTER & DETAILS: ERBMrec.com/wildnwooly

Online registration is now open. You may also register with Guest Services. Course maps and other details available at above website and at the Meeker Recreation Center. Race packet pick up available September 11, 12:30pm-6:00pm at MRC. Day of registration and packet pick up available from 6:30am to 30 minutes prior to race start time. ***Volunteers needed! ERBM would love your help on race day. Call Sara at 970-878-7435 for more information.***

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Run for Your Life 5K T-Shirt Art Contest

When: Artwork due: Thursday, May 28 by Noon
Judging: May 29-31 at 5:00pm
Winner Announced: June 1
Who: All Ages
Where: Submit artwork to Guest Services at the Meeker Recreation Center
Cost: Free

Due to COVID-19 closures, this Spring activity has new deadlines.

ERBM announces a call to artists for the 7th annual Run for Your Life 5K T-shirt Art Contest. Showcase your creativity by submitting a design that will be featured on the 2020 Run for Your Life T-shirt. Over 200 T-shirts are given out each year to race participants. Entry forms with design criteria can be picked up at the Meeker Recreation Center or found on the District website, www.ERBMrec.com. Designs must be turned in by May 28 at noon; one entry per person. Entries will be reviewed by a panel of judges to determine the top three. The public can then vote on the top three at the Meeker Recreation Center or on the District's Facebook page beginning May 29 and ending on May 31 at 5:00pm. The winner will be announced on Facebook on June 1. If your design isn't the 2020 winner, your artwork can be re-entered in 2021.

CPR First Aid

When: June 13 | Saturday | 8:00am-Noon
Who: 12 & Older
Where: MRC MP Room
Cost: $45 *(Discount Price $34)*
Deadline: June 6

The American Red Cross First Aid/CPR/AED class teaches participants to recognize and respond appropriately to cardiac, breathing, and first aid emergencies. This class teaches participants the skills needed to give immediate care to an injured or ill person until more advanced medical personnel arrive and take over. A First Aid/CPR/AED certification card is included in the price of the class.

Meeker Running Club Series

When: June 9-August 4 | Tuesdays
7:00pm Start Time (July 7 & August 4 are moonlight runs and will start at 9:30pm)
Who: All Ages
Where: Meeker Recreation Center Upper Parking Lot
Cost: $44 *(Discount Price $33)*
Deadline: June 2

Join fellow runners in this fun, slightly competitive running series. All running abilities are welcome. Each week runners will meet for a variety of pre-determined 2 to 6 mile courses. The top five finishers of each week will earn points according to the point scale and one point will be awarded to all finishers who do not place in the top five. Double points will be awarded for participation in the other ERBM Recreation & Park District run races (registration fees for these races are not included in the Meeker Run Club fees). At the end of the series, the male and female runners with the most points will each receive a special prize. Registration fee includes a T-shirt. Runs cancelled due to weather will not be rescheduled.

POINT SCALE

Runners will only be awarded the 1 point for finishing if they did not place in the top 5.

	Male	Female
1st	10	10
2nd	8	8
3rd	6	6
4th	4	4
5th	2	2
Finisher	1	1

LOOKING TO VOLUNTEER?

With your support, ERBM's programs can be better than ever!

To learn more about our volunteer opportunities, visit www.ERBMrec.com.

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JUNE 24 • ERBM will be providing healthy snacks on Bike to Work Day!

Earthy Adventure Hikes

When: June 27 | Saturday | Meet at 8:45am
Who: All Ages (Trail is for hikers of moderate ability)
Where: Sanderson Hills Park
Cost: Free
Deadline: June 26

It's adventure time! Lisa Belmonte and Alan Czepinski will be leading two different hikes focusing on plant, animal, and bird identification. The shorter hike entails portions of East Ridge Trail and the longer hike will cover several miles of the Hidden Valley Trail featuring moderately steep climbs. It is recommended that you bring snacks, sunscreen, binoculars, a light jacket, and plenty of water. Participants are responsible for packing their supplies in and out. Hikers will meet at Sanderson Hills Park.

Glenwood Springs Rafting Trip

When: July 15 | Wednesday | 10:00am-6:00pm
Who: 12 & Older
Where: Glenwood Spring, CO (Meet at MRC)
Cost: 12 Year Olds $67 | 13 & Older $77
(Discount Price $50 | $58)
Deadline: July 8

This three hour rafting trip, through III-IV rapids, starts near the Shoshone Rapids in Glenwood Canyon on the Colorado River. Proper attire includes shorts, T-shirt, bathing suit, and sport sandals or shoes you don't mind getting wet. Bring dry clothes for the ride home. Pack a lunch or bring money for lunch and snacks. All participants or parents of participants under the ages of 18 must sign the liability waiver found at www.ERBMrec.com/programforms or at Guest Services at the Meeker Recreation Center.

Because this program requires travel, depending on local COVID-19 restrictions, travel may not occur. We will know more and keep all informed as we move closer to the date.

SEPTEMBER 19, 2020 | DETAILS IN FALL LINE-UP!

REGISTRATION BEGINS MONDAY, MAY 11 AT 7:00AM.

Due to the uncertainty of the ability to run various programs and events this summer, programs and events may be subject to change. We will keep you informed as we learn more.

Want swim lessons in June? Private Lessons Available!

Our certified instructors are available to teach all skill levels. Lessons will be scheduled based on instructor and pool availability.

Call Guest Services to check pricing and schedule a private lesson at 970-878-3403.
(If you are registering for a private lesson and the swimmer is an LTS 1, PSA 1, PSA 2, or PSA 3 level, they must be accompanied in the water by someone 16 or older to assist with the lesson due to social distancing.)

PSA Swim Lessons

When: July
Who: 3-5 Years Old
Where: MRC Pool
Cost: $22 *(Discount Price $16.50)*
Deadline: June 30

These eight, 30-minute lessons will orient preschool age children to the aquatic environment helping them acquire and build aquatic skills. Instructors will provide guided practice. These are closed classes. No observers are allowed (including parents and siblings) in the pool area except during the last day of class.
Level descriptions available at www.ERBMrec.com/pool.

PSA 1
- Mondays & Wednesdays | July 6-July 29 | 10:30am-11:00am
- Tuesdays & Thursdays | July 7-July 30 | 2:00pm-2:30pm

PSA 2
- Mondays & Wednesdays | July 6-July 29 | 11:15am-11:45am
- Tuesdays & Thursdays | July 7-July 30 | 2:45pm-3:15pm

PSA 3
- Mondays & Wednesdays | July 6-July 29 | Noon-12:30pm
- Tuesdays & Thursdays | July 7-July 30 | 3:30pm-4:00pm

Rec Tots Summer Day Camp

When: June 8-June 25 | Mondays-Thursdays
9:00am-10:15am
Who: Entering PreK-K (minimum of 4 years old)
Where: MRC MP Room
Cost: $62 *(Discount Price $46.50)*
Deadline: June

CLASS FULL

Rec Tots Summer Day Camp will focus on the five elements (water, air, earth, fire, and spirit) and offer enrichment activities, group games, sports and fitness activities, hands-on science activities, arts and crafts, music, and field trips all wrapped around a weekly theme. Sign up soon–our Summer Camps always fill quickly! A camp T-shirt is included in the registration cost.

Example Schedule (Week of June 15-18)
- 8:50am-9:15am: Drop-off and Roll Call
- 9:15am-9:45am: Monday Creative Arts, Tuesday Power of Weather, Wednesday STEAM, Thursday Scavenger Hunt
- 9:45am-10:00am: Break
- 10:00am-10:30pm: Gym Time (Released at 10:15am)

Wee Ball

When: June 16-July 9 | Tuesdays & Thursdays
5:30pm-6:15pm
Who: Entering PreK-K | Boys & Girls (minimum of 4 years old)
Where: 6th Street Field
Cost: $38 *(Discount Price $29)*
Deadline: **June 11** - DEADLINE DATE CHANGE

Due to COVID-19 closures, this Spring activity has new dates/deadlines.

This program will provide introductory skill building for baseball and softball. Participation of parent/caregiver is required with a maximum of two children per parent/caregiver at some practices. ***Volunteer coaches needed! Contact Jay at 970-878-7426 for more information.***

Little Princess Dance Camp

When: July 8-July 29 | Wednesdays
9:30am-10:15am
Who: Entering PreK-K (minimum of 4 years old)
Where: MRC Studio
Cost: $14 *(Discount Price $10.50)*
Deadline: July 1

This 45-minute class is designed to introduce young dancers to the basics of ballet and the joy of moving to music. Dancers will twirl, jump, and point their way to a love for dance! Dancers are encouraged to wear a fancy dress. Each dancer will receive their own crown to wear during the short performance for parents/guardians on the last day of class.

PreK-K Soccer

When: July 20-August 12 | Mondays & Wednesdays
5:30pm-6:15pm
Who: Entering PreK-K | Boys & Girls (minimum of 4 years old)
Where: Sanderson Hills Park
Cost: $38 *(Discount Price $28.50)*
Deadline: July 13

Get the soccer balls rolling in this lively and fun to play program. Young players learn basic soccer skills, body coordination, how to follow directions, and teamwork while playing with their peers. Registration fee includes a jersey. Shin guards are required for all players and must be worn at all practices and games. Participation of parent/caregiver is required at some practices with a maximum of two children per parent/caregiver.
Volunteer coaches needed! Contact Jay at 970-878-7426 for more information.

Itty Bitty Beach Ball Party

When: August 14 | Friday | 10:00am-Noon
Who: 7 & Under
Where: MRC Pool
Cost: Normal MRC fees apply

'Seas' the day and come play at the Itty Bitty Beach Ball Party! Beach balls, inflatables, games, and crafts will be available. ***Ages 7 and under must be supervised in the water by someone 13 years or age or older. All pool rules apply.***

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Want swim lessons in June? Private Lessons Available!

Our certified instructors are available to teach all skill levels. Lessons will be scheduled based on instructor and pool availability.

Call Guest Services to check pricing and schedule a private lesson at 970-878-3403.
(If you are registering for a private lesson and the swimmer is an LTS 1, PSA 1, PSA 2, or PSA 3 level, they must be accompanied in the water by someone 16 or older to assist with the lesson due to social distancing.)

LTS Swim Lessons - July

When: July
Who: 6 & Older
Where: MRC Pool
Cost: $22 *(Discount Price $16.50)*
Deadline: June 30

These eight, 30-minute lessons will focus on developing positive attitudes, good swimming habits, and safe practices in and around the water. Participants will coordinate and refine strokes and gradually build on fundamental skills and develop confidence in them. These are closed classes. No observers allowed (including parents and siblings) in the pool areas except during the last day of classes.
Level descriptions available at www.ERBMrec.com/pool.

LTS 1
- Mondays & Wednesdays | July 6-July 29 | Noon-12:30pm
- Tuesdays & Thursdays | July 7-July 30 | 3:30pm-4:00pm

LTS 2
- Mondays & Wednesdays | July 6-July 29 | 11:15am-11:45am
- Tuesdays & Thursdays | July 7-July 30 | 2:45pm-3:15pm

LTS 3
- Mondays & Wednesdays | July 6-July 29 | 10:30am-11:00am
- Tuesdays & Thursdays | July 7-July 30 | 2:00pm-2:30pm

USA Swim Team

When: May 26-August 2
Mondays-Thursday 7:30am-9:00am
Fridays (5/29, 6/19, 7/17, 7/24) 8:15am-9:00am
Who: 18 & Under
Where: MRC Pool
Cost: $265 *(Discount Price $199)*
Deadline: May 26

USA Swim Team is designed for athletes with an advanced and demonstrated commitment to the sport of swimming, with an emphasis on refining stroke technique and building strength and endurance. Swimmers are expected to possess proficient stroke technique with a strong work ethic. This group's workload will progressively increase throughout the season. Meets begin June 6 and are scheduled every weekend. Team suit, cap, and goggles are included in the cost of the summer league season program. Coached by Shelly Rogers.

Because this program requires travel, depending on local COVID-19 restrictions, travel may not occur. We will know more and keep all informed as we move closer to the date.

Meeker Youth Swimming

When: May 27-July 31 ***(No session July 3)***
Mondays & Wednesdays & Fridays
9:00am-10:00am
Who: 18 & Under
Where: MRC Pool
Cost: $118 *(Discount Price $88.50)*
Deadline: May 26

The Meeker Youth Swimming group will focus on the basics of competitive swimming, technique, and stroke development while providing a fun, dynamic environment. These athletes should be able to swim at least one length of the pool in freestyle and backstroke. Athletes will learn lane etiquette, use of the pace clock, and how to form a race strategy. Swimmers will participate in 3-4 fun, learning meets throughout the summer. Team suit, cap, and goggles are included in the cost of the summer league season program. Coached by Jamie Bumguardner.

Because this program requires travel, depending on local COVID-19 restrictions, travel may not occur. We will know more and keep all informed as we move closer to the date.

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Rec Kids Summer Day Camp

When: June 8-June 25 | Mondays-Thursdays
9:00am-Noon
Who: Entering Grades 1st-5th
Where: Admin Building/Gym
Cost: $134 *(Discount Price $100.50)*
Deadline: June 1

CLASS FULL

Rec Kids Summer Day Camp will focus on the five elements (water, air, earth, fire, and spirit) and fun enrichment activities, group games, sports and fitness activities, hands-on science activities, arts and crafts, music and field trips all wrapped around a weekly theme. Sign up soon–our Summer Camp always fills quickly! Camp T-shirt included in full registration cost.

Example Schedule (Week of June 15-18)

- 8:50am-9:15am: Drop-off and Roll Call
- 9:15am-9:45am: Water- Creative Arts
- 9:45am-10:00am: Break
- 10:00am-10:30pm: Air- Games
- 10:30am-10:45pm: Break
- 10:45am-11:15am: Earth- Crafts
- 11:15am-11:30am: Break
- 11:30am-Noon: Fire- Soccer
- Noon: Pick Up

MHS Sports Clinics

When: June 10, June 19, July 14, July 22, August 20
Who: Entering Grades K-8th
Cost: Free
Deadline: Day of Registration

The ERBM Recreation & Park District is proud to support Meeker High School (MHS) athletic programs by hosting sports clinics for young athletes in the community. Coaches and high school team members will teach fundamentals of the sport at each clinic. These clinics will directly support these MHS athletic programs.

Cowboy Basketball Clinic
June 1[illegible] | [illegible]:00pm-[illegible]:00pm
MES Gym

CANCELLED

Track Clinic
June 19 | Friday | 2:00pm-4:00pm
Bob King Track at Starbuck Stadium

Summer Jam Basketball Clinic
July 14 | Tuesday | 10:00am-Noon
MES Gym

Volleyball Clinic
July 22 | Wednesday
Entering K-4th Grade: 9:00am-10:00am
Entering 5th-8th Grade: 10:00am-11:00am
MES Gym

Football Clinic
August 20 | Thursday
Entering K-4th Grade: 10:00am-11:30am
Entering 5th-8th Grade: 12:30pm-2:00pm
BMS Practice Field

Colorado Rockies Skills Challenge

When: June 11 | Thursday | 10:00am
Who: Boys & Girls | Ages 6-13 (Age as of 12/31/2019)
Where: Paintbrush Park Field #2
Cost: Free
Deadline: Day of Registration from 9:15am-9:45am

Due to COVID-19 closures, this Spring activity now updated dates/deadlines.

On behalf of the Colorado Rockies and Colorado Parks and Recreation Association, ERBM is proud to host the local competition for the Colorado Rockies Skills Challenge. Participants will showcase their talents in base running, throwing, and hitting. Winners in each age division will have the opportunity to advance to the sectional competition. A Colorado Rockies Skills Challenge registration form needs to be completed by a parent/guardian 18 years or older before entering the competition. Forms and rules are available at the Meeker Recreation Center and online at www.ERBMrec.com/programforms.

T-Ball/Coach Pitch

When: June 15-July 15 | Mondays & Wednesdays
5:30pm-6:30pm
Who: 6-7 Years Old | Boys & Girls
Where: 6th Street Field
Cost: $47 *(Discount Price $35)*
Deadline: **June 11** - DEADLINE DATE CHANGE

Due to COVID-19 closures, this Spring activity now has a new dates/deadlines.

This program will provide friendly instructional competition with an emphasis on baseball fundamentals. Players will have the option to hit from a tee or bat against a coach pitched ball. Players will receive a T-shirt and hat. Games will be in-house; no travel. A game schedule will be provided at the start of the season. ***Volunteer coaches needed – contact Jay at 970-878-7426 for more information.*** There will be a coaches meeting on Monday, June 15 at 6th Street Field at 5:00pm.

Want to know the latest ERBM news?

Like our Facebook page!
Facebook.com/ERBMRecreationandParkDistrict

REGISTRATION BEGINS MONDAY, MAY 11 AT 7:00AM.

Due to the uncertainty of the ability to run various programs and events this summer, programs and events may be subject to change. We will keep you informed as we learn more.

Meeker Youth Baseball

When: June 15-August 1 | Mondays & Wednesdays
5:30pm-6:30pm | Game Days TBD
Who: 8-10 Years Old | Boys
Where: Paintbrush Park Field #1
Cost: $74 *(Discount Price $55.50)*
Deadline: **June 11** - DEADLINE DATE CHANGE

Due to COVID-19 closures, this Spring activity now has a new dates/deadlines.

Meeker Youth Baseball is a recreational traveling program that is part of the Valley Youth Baseball League. This program places emphasis on baseball fundamentals in a team setting. Players will practice twice a week and play out-of-town games on week nights. Cost includes a game T-shirt and hat. Game pants will be checked out for the season. A game schedule will be provided at the start of the season. ***Volunteer coaches needed – contact Dylan at 970-878-7409 for more information.*** There will be a coaches meeting on Monday, June 15 at Paintbrush Park at 5:00pm.

Because this program requires travel, depending on local COVID-19 restrictions, travel may not occur. We will know more and keep all informed as we move closer to the date.

Meeker Youth Softball

When: June 16-August 1 | Tuesdays & Thursdays
5:30pm-6:30pm | Game Days TBD
Who: 8-10 Years Old | Girls
Where: Paintbrush Park Field #1
Cost: $74 *(Discount Price $55.50)*
Deadline: **June 11** - DEADLINE DATE CHANGE

Due to COVID-19 closures, this Spring activity now has a new dates/deadlines.

Meeker Youth Softball is a recreational traveling program that is part of the Valley Youth Softball League. This program places emphasis on softball fundamentals in a team setting. Players will practice twice a week and play out-of-town games on week nights. Cost includes a game T-shirt and hat. Game pants will be checked out for the season. A game schedule will be provided at the start of the season. ***Volunteer coaches needed – contact Dylan at 970-878-7409 for more information.*** There will be a coaches meeting on Tuesday, June 16 at Paintbrush Park at 5:00pm.

Because this program requires travel, depending on local COVID-19 restrictions, travel may not occur. We will know more and keep all informed as we move closer to the date.

Meeker Karate Club - Level 1

When: June 19-July 24 | Fridays | 11:00am-Noon
No class on July 3.
Who: 6-12 Years Old | Boys & Girls
Where: Admin Gym
Cost: $18 *(Discount Price $13.[illegible])*
Deadline: June 12

CLASS FULL

Come lea[illegible] karate! Karate is a martial arts system that develops the mind, body, and the ability to defend one's self. Karate is known to improve discipline, concentration, balance, stamina, and self confidence. Students will learn punching, kicking, blocking, takedowns, and grappling. ***Students are encouraged to wear comfortable clothing that provides proper coverage. Class will be taught barefoot.***

Meeker Karate Club - Level 2

When: June 19-July 24 | Fridays | 1:00pm-2:00pm
No class on July 3.
Who: 8-12 Years Old | Boys & Girls
To enroll in the Level 2 class, students must be at least 8 years old, have the instructor's approval, have completed Level 1, or have prior [illegible] in a similar style of martial arts.
Where: Admin Gym
Cost: $18 *(Discount Price $13.50)*
Deadline: June 12

CLASS FULL

Come learn karate! Karate is a martial arts system that develops the mind, body, and the ability to defend one's self. Karate is known to improve discipline, concentration, balance, stamina, and self confidence. Students will learn punching, kicking, blocking, takedowns, and grappling. ***Students are encouraged to wear comfortable clothing that provides proper coverage. Class will be taught barefoot.***

REGISTRATION BEGINS MONDAY, MAY 11 AT 7:00AM.

Due to the uncertainty of the ability to run various programs and events this summer, programs and events may be subject to change. We will keep you informed as we learn more.

Golf for Kids – Level 1

When: Two options available:

July 6-July 29		July 7-July 30
Mondays & Wednesdays	**-or-**	Tuesdays & Thursdays
8:00am-9:00am		8:00am-9:00am

Who: 6-18 Years Old | Boys & Girls
Where: Meeker Golf Course
Cost: $28 *(Discount Price $21)*
Deadline: June 29

Level 1 is for beginners (no experience or limited experience/skills). This program introduces youth to the fundamentals of golf including the basics of putting, chipping, pitching, and driving. Golf clubs will be provided for participants who do not own clubs. Transportation to the golf course is not provided. ***Volunteers needed – contact Dylan at 970-878-7409 for more information.***

Golf for Kids – Level 2

When: July 6-July 29 | Mondays & Wednesdays
9:15am-10:15am
Who: 6-18 Years Old | Boys & Girls
Where: Meeker Golf Course
Cost: $28 *(Discount Price $21)*
Deadline: June 29

Level 2 youth should have the following skills: driving 75-100 yards, putting consistently and successfully from 2' out, and chipping/pitching–can elevate ball and consistently land on green from 5 yards out. This program introduces youth to the fundamentals of golf including the basics of putting, chipping, pitching, and driving. Golf clubs will be provided for participants who do not own clubs. Transportation to the golf course is not provided. ***Volunteers needed – contact Dylan at 970-878-7409 for more information.***

Princess Dance Camp

When: July 8-July 29 | Wednesdays
10:30am-11:15am
Who: Entering 1st-2nd Grade
Where: MRC Studio
Cost: $14 *(Discount Price $10.50)*
Deadline: July 1

This 45-minute class is designed to introduce young dancers to the basics of ballet and the joy of moving to music. Dancers will twirl, jump, and point their way to a love for dance! Dancers are encouraged to wear a fancy dress. Each dancer will receive their own crown to wear during the short performance for parents/guardians on the last day of class.

Tumble Clinics

Cartwheel & Round-off Clinic

Cartwheels and round-offs are important fundamental skills in tumbling. Tumblers interested in learning or improving cartwheels and round-offs should sign up for this clinic.

When: July 6-9 | Monday-Thursday
Entering 1st-5th Grade: 1:00pm-2:00pm
Entering 6th-12th Grade: 2:30pm-3:30pm
Who: Entering 1st-12th Grade | Boys & Girls
Where: Admin Gym
Cost: $14 *(Discount Price $10.50)*
Deadline: June 29

Headstand & Handstand Clinic

Tumbling participants will work on different skills to master the basic headstand and handstand and then progress to more advanced elements.

When: July 13-16 | Monday-Thursday
CLASS FULL- Entering 1st-5th Grade: 1:00pm-2:00pm
Entering 6th-12th Grade: 2:30pm-3:30pm
Who: Entering 1st-12th Grade | Boys & Girls
Where: Admin Gym
Cost: $14 *(Discount Price $10.50)*
Deadline: July 6

Arch Back, Kick Over, & Limber Up Clinic

These skills are important to mastering higher level elements. Proper body positioning and technique will be taught and practiced. ***This clinic is for Tumbling Level 2 or higher.***

When: July 20-23 | Monday-Thursday
Entering 1st-5th Grade: 1:00pm-2:00pm
Entering 6th-12th Grade: 2:30pm-3:30pm
Who: Entering 1st-12th Grade | Boys & Girls
Where: Admin Gym
Cost: $14 *(Discount Price $10.50)*
Deadline: July 13

Walkover & Handspring Clinic

This clinic will focus on fundamentals and strength training to help achieve the walkover and/or handspring. Multiple skills will be introduced that assist with correct body position, proper technique, flexibility, and agility. ***This clinic is for Tumbling Level 2 or higher.***

When: July 27-30 | Monday-Thursday
Entering 1st-5th Grade: 1:00pm-2:00pm
Entering 6th-12th Grade: 2:30pm-3:30pm
Who: Entering 1st-12th Grade | Boys & Girls
Where: Admin Gym
Cost: $14 *(Discount Price $10.50)*
Deadline: July 20

REGISTRATION BEGINS MONDAY, MAY 11 AT 7:00AM.

Due to the uncertainty of the ability to run various programs and events this summer, programs and events may be subject to change. We will keep you informed as we learn more.

Youth Soccer (1st-2nd)

When: July 21-August 13 | Tuesdays & Thursdays 5:30pm-6:30pm
Who: Entering 1st-2nd Grade | Boys & Girls
Where: Sanderson Hills Park
Cost: $36 *(Discount Price $27)*
Deadline: July 13

Recreational coed soccer provides the opportunity to learn teamwork, sportsmanship, and basic fundamentals of the game, all while placing an emphasis on fun. Registration cost includes a jersey. Shin guards are required and must be worn at all practices and games. Games will be in-house. Soccer practices and games will be held in all weather conditions except lightning. ***Volunteer coaches needed – contact Dylan at 970-878-7426 for more information.***

Youth Soccer (3rd-6th)

When: July 20-August 12 | Mondays & Wednesdays 5:30pm-6:30pm
Who: Entering 3rd-6th Grade | Boys & Girls
Where: Paintbrush Park Field #2
Cost: $36 *(Discount Price $27)*
Deadline: July 13

Recreational coed soccer provides the opportunity to learn teamwork, sportsmanship, and basic fundamentals of the game, all while placing an emphasis on fun. Registration cost includes a jersey. Shin guards are required and must be worn at all practices and games. Games will be in-house. Soccer practices and games will be held in all weather conditions except lightning. ***Volunteer coaches needed – contact Dylan at 970-878-7426 for more information.***

Teen Trip – Get Air Indoor Trampoline Park

When: August 21 | Friday | 9:00am-5:00pm
Who: 13-17 Years Old | Boys & Girls
Where: Grand Junction, CO (Meet at MRC)
Cost: $30 *(Discount Price $22.50)*
Deadline: August 14

Jump your way into celebrating the start of a new school year! Enjoy lunch in Downtown Grand Junction ***(lunch is the responsibility of the participant)*** before heading over to the indoor trampoline park to bounce, jump, and flip your way through the different trampolines and obstacles at Get Air! Non-slip reusable socks are available at the park ***($5 responsibility of the participant)*** or just jump in your own socks! Waivers will need to be filled out prior to attending and can be found at https://silo.getairmanagement.com/GroupWaiver.html.

Because this program requires travel, depending on local COVID-19 restrictions, travel may not occur. We will know more and keep all informed as we move closer to the date.

Youth Coed Volleyball (3rd-4th)

When: August 24-September 23
Mondays & Wednesdays | 6:30pm-7:30pm
Game Days TBD | ***No session September 7.***
Who: Entering 3rd-4th Grade | Boys & Girls
Where: MES Gym
Cost: $40 *(Discount Price $30)*
Deadline: August 10

This recreational league emphasizes skill development and fun! The program will focus on teaching basic volleyball skills such as passing, serving, setting, and hitting. Games will be in-house. Cost includes a T-shirt. ***Volunteer coaches needed – contact Dylan at 970-878-7426 for more information.*** Coaches meeting August 20 at 5:30pm at the Meeker Recreation Center MP Room.

Youth Coed Volleyball (5th-6th)

When: August 25-October 3
Tuesdays & Thursdays | 6:30pm-7:30pm
Game Days TBD | ***No session Sept. 1 & 3.***
Who: Entering 5th-6th Grade | Boys & Girls
Where: MES Gym
Cost: $43 *(Discount Price $32)*
Deadline: August 10

This recreational league emphasizes skill development and fun! The program will focus on teaching basic volleyball skills such as passing, serving, setting, and hitting. Participants will participate in the Colorado River Volleyball League with matches in Rifle, New Castle, and Glenwood Springs. End of season tournament date and time TBD. Cost includes a T-shirt. ***Volunteer coaches needed – contact Dylan at 970-878-7426 for more information.*** Coaches meeting August 20 at 5:30pm at the Meeker Recreation Center MP Room.

Because this program requires travel, depending on local COVID-19 restrictions, travel may not occur. We will know more and keep all informed as we move closer to the date.

AFTER SCHOOL PROGRAM

SOME will begin when school starts back up in the fall!

Look for more details in the all Line-Up.

SOME
SCHOOL'S OUT MEEKER ENRICHMENT

REGISTRATION BEGINS MONDAY, MAY 11 AT 7:00AM.

Due to the uncertainty of the ability to run various programs and events this summer, programs and events may be subject to change. We will keep you informed as we learn more.

• Drop-ins are welcome when space allows for $5/person or $3/senior.
• Drop in to classes that fit your schedule! Fitness Passes available at Guest Services.

June Classes
Deadline May 29

Cardio Combo
Combine high intensity cardio workouts with strength intervals. **Instructor: Ivy, Megan**
When: June 1-June 24
Mondays & Wednesdays
9:15am-10:15am
Who: 13 & Older
Where: **Meet at MRC Front Door** - LOCATION CHANGE
Cost: $32 *(Discount Price $24)*

Fit Happens Boot Camp
Cross train in bootcamp! Push yourself past your comfort level with challenging workouts.
Instructor: Ivy, Stacy, Amber
When: June 1-June 26
Mondays & Wednesdays & Fridays
5:30am-6:30am
Who: 13 & Older
Where: Mondays: MES Parking Lot
Wednesdays: Sanderson Hills Park
Fridays: **Admin Gym West Lawn** - LOCATION CHANGE
Cost: $48 *(Discount Price $36)*

Pilates
This mid-day class will have you calling upon your "controlled" strength with an emphasis on alignment, core, and coordination.
Instructor: Kari Jo
When: June 2-June 25
Tuesdays & Thursdays
12:10pm-12:50pm
Who: 13 & Older
Where: **MRC North Lawn** - LOCATION CHANGE
Cost: $32 *(Discount Price $24)*

Rebuild & Recover Water Workout
Use water to improve range of motion, flexibility, and strength. Water walking will be utilized.
Instructor: Jamie
When: June 2-June 25
Tuesdays & Thursdays
10:15am-11:00am
Who: 13 & Older
Where: MRC Pool
Cost: $32 *(Discount Price $24)*

Strength & Stretch Yoga
Find foundational strength, freedom of movement, and a connection to your breath.
Instructor: Antina
When: June 1-June 24
Mondays & Wednesdays
12:10pm-12:50pm
Who: 13 & Older
Where: **MRC North Lawn** - LOCATION CHANGE
Cost: $32 *(Discount Price $24)*

July Classes
Deadline June 29

Cardio Combo
Combine high intensity cardio workouts with strength intervals. **Instructor: Ivy, Megan**
When: July 6-July 29
Mondays & Wednesdays
9:15am-10:15am
Who: 13 & Older
Where: Admin Gym
Cost: $32 *(Discount $24)*

Flow & Fusion
An innovative class designed to condition body and mind. This class fuses together the fitness techniques of yoga, Pilates, and barre. **Instructor: Kari Jo, Antina**
When: July 7-July 30
Tuesdays & Thursdays
12:10pm-12:50pm
Who: 13 & Older
Where: MRC Studio
Cost: $32 *(Discount $24)*

Overall Fitness
Start the week out with a cardio and strength workout, Wednesday will be pure strength, and Friday you will spin!
Instructor: Ivy, Stacy, Amber
When: July 6-July 31
Mondays & Wednesdays & Fridays
5:30am-6:30am
Who: 13 & Older
Where: Admin Gym
Cost: $48 *(Discount $36)*

Rebuild & Recover Water Workout
Use the freedom of water to improve range of motion, flexibility, and strength. Water walking will be utilized.
Instructor: Jamie
When: July 7-July 30
Tuesdays & Thursdays
10:15am-11:00am
Who: 13 & Older
Where: MRC Pool
Cost: $32 *(Discount $24)*

August Classes
Deadline July 27

Cardio Combo
Combine high intensity cardio workouts with strength intervals.
Instructor: Ivy, Megan
When: August 3-August 26
Mondays & Wednesdays
9:15am-10:15am
Who: 13 & Older
Where: MRC Studio
Cost: $32 *(Discount $24)*

Fitness Surprise
Come and find out what the instructors have in store for you!
Instructor: Ivy, Stacy, Amber
When: August 3-August 28
Mondays & Wednesdays & Fridays
5:30am-6:30am
Who: 13 & Older
Where: Admin Gym
Cost: $48 *(Discount $36)*

Rebuild & Recover Water Workout
Use the freedom of water to improve range of motion, flexibility, and strength. Water walking will be utilized.
Instructor: Jamie
When: August 4-August 27
Tuesdays & Thursdays
10:15am-11:00am
Who: 13 & Older
Where: MRC Pool
Cost: $32 *(Discount $24)*

Yogalates
A gentle blend of yoga and Pilates that benefits mind and body will be taught in this class.
Instructor: Kari Jo, Antina
When: August 3-August 26
Mondays & Wednesdays
12:10pm-12:50pm
Who: 13 & Older
Where: MRC Studio
Cost: $32 *(Discount $24)*

FITNESS PASS
Drop in to classes that fit YOUR schedule!
Ten convenient punches!
Adult/Youth: $50
Senior: $30
Ask Guest Services how to purchase today.

REGISTRATION BEGINS MONDAY, MAY 11 AT 7:00AM.

Due to the uncertainty of the ability to run various programs and events this summer, programs and events may be subject to change. We will keep you informed as we learn more.

Adult Recreational Coed Softball

When: June 30-August 1 | Tuesdays & Thursdays
Games at 6:30pm, 7:30pm, 8:30pm
Who: 16 & Older (youth under 18 must have a release form signed by a parent/guardian)
Where: Paintbrush Park
Cost: $365 *(Discount Price $274)*
Deadline: **June 18** - DEADLINE DATE CHANGE

Due to COVID-19 closures, this Spring activity now has new dates/deadlines/prices.

The 2020 Adult Coed Softball League will play games on Tuesday and Thursday evenings. T-shirts will be provided for up to 15 players per team. Additional T-shirts can be purchased for $15 per shirt, but must be ordered and paid for at time of registration. ***Captains and/or co-captains must attend a brief meeting on ~~Thursday, June 25 at 5:30pm~~ at the Meeker Recreation Center to review rules, schedules, expectations, etc.*** End of season tournament will be held July 31-August 1 (schedule TBD). Don't have a team? Sign up as a free agent and your information will be given to team captains. Contact Jay at 970-878-7426.

CAPTAIN'S MEETING POSTPONED UNTIL FURTHER NOTICE

Outdoor Adult Pickleball

When: July 6-August 10 | Mondays | 7:00pm-8:30pm
Who: 16 & Older
Where: Courthouse Basketball Courts
Cost: Free

Adult Drop-In Sports offers you a way to stay active, hang with friends, and have fun! This summer we are offering outdoor pickleball. A field supervisor will be present and have equipment available for use, but will not run any activities. ***A minimum of four participants need to arrive by 7:15pm or it will be cancelled for the night.*** All participants must be 16 years of age or older.

Adult Trip - Palisade, CO

Same day, same van ride with two activity options!

Option 1: Palisade Peach Festival

When: August 15 | Saturday | 8:00am-6:00pm
Who: 18 & Older
Where: Palisade, CO (Meet at MRC)
Cost: 18 & Older $19 | 62 & Older $17
(Discount Price $14 | $13)
Deadline: August 15

Be peachy keen while experiencing Palisade Peaches at their finest! Enjoy a day at the Palisade Peach Festival full of food, live music, fresh produce, live chef demos, activities, vendors, and fun! Feast on lunch by local vendors while listening to live music **(cost of lunch is the responsibility of the participant)**.

Option 2: Fruit & Alpaca Orchard Tour

When: August 15 | Saturday | 8:00am-6:00pm
Who: 21 & Older
Where: Palisade, CO (Meet at MRC)
Cost: $90 *(Discount Price $75)*
Deadline: August 15

Enjoy a scheduled tour through the Alpaca orchard during the Palisade Peach Festival! Beginning at 10:00am, participants will leave the festival via a horse-drawn wagon through Clark Family Orchard, Talbott Family Farm, Suncrest Orchard, Carlson Vineyards, and Mt. Lincoln Peach Company. Ticket price includes: a catered lunch with Alpacas, homemade ice cream, hard cider sampling, wine tasting, and picking peaches, plus snacks and a weekend pass to the festival. At 4:00pm, participants will return to the festival for a return ride home.

Because this program requires travel, depending on local COVID-19 restrictions, travel may not occur. We will know more and keep all informed as we move closer to the date.

INCLUSION PROCESS

ERBM Recreation & Park District invites patrons with or without disabilities to join our programs, parks, and facilities. If you are in need of modifications because of a disability, contact Shelly Rogers, Accessibility Coordinator, at 970-878-7415.

EQUIPMENT CHECK-OUT & RENTALS

Check-Out Equipment (FREE): Pickleball equipment, horseshoe equipment, basketball, volleyball
Rental ($): Snowshoe equipment (Youth $5/set/day or Adult $10/set/day; three day maximum)
Visit with Guest Services at the Meeker Recreation Center or call 970-878-3403 for more information.

PAVILION RESERVATIONS

Pavilions at Sanderson Hills Park, Town Park, and Paintbrush Park can now be reserved for $25/half-day or $50/full day. Reservations must be scheduled at least a week prior to the date you are reserving. Reserve with Guest Services at 970-878-3403.

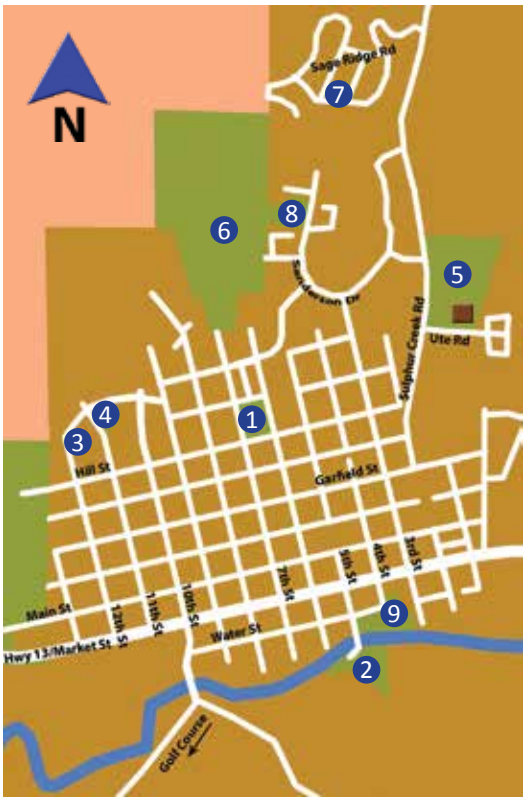
PARK & TRAIL RULES

Park hours are sunrise to sunset.

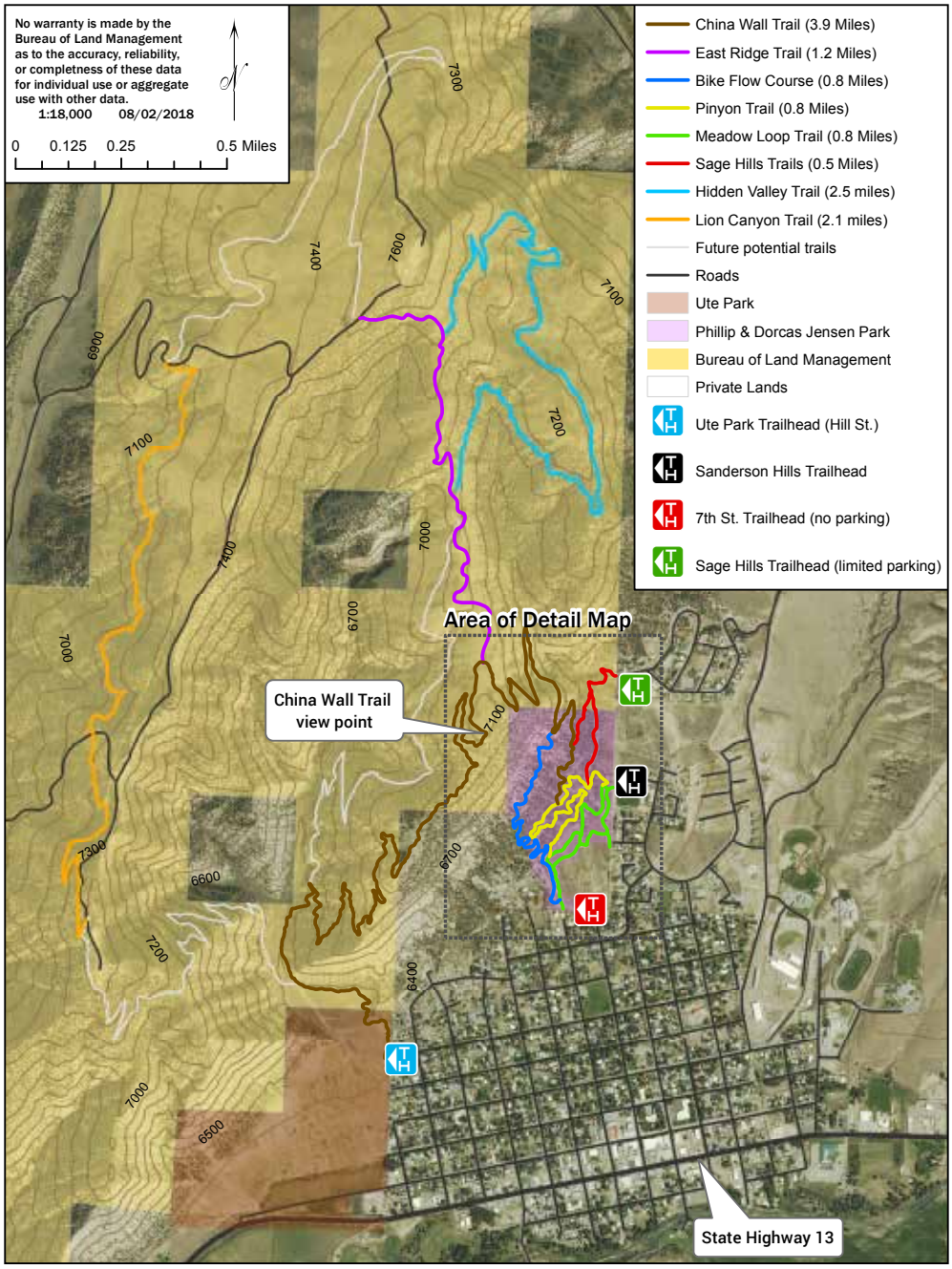
Park Rules Prohibit:

- Overnight parking and camping in undesignated areas *(RV and tent camping information at www.ERBMrec.com.)*
- Littering or dumping any debris; use trash receptacles or pack it out with you
- Motorized vehicles (except for ADA equipment)
- Alcoholic beverage consumption
- Glass containers of any kind
- Hunting and the use of any firearm or projectile weapon
- Removal or disturbance of any man-made or natural feature
- Fires and fireworks
- Horses
- Off-leash dogs; pick up after your pet
- Engaging in commercial activity including solicitation without a permit
- Amplified music
- Off-trail hiking

Additional rules may apply at designated areas throughout the park. Contact non-emergency dispatch with any concerns at (970) 878-5555 or dial 911 to report immediate emergencies.



Park Amenities Chart More information on all parks found at www.ERBMrec.com. * Equipment available to rent at the Meeker Recreation Center	Archery Range	Baseball Field/Softball Field	Basketball Court*	BBQ Grills	Mountain Bike Trails/Flow	Community Garden	Hiking Trails	Horseshoe Pit*	Open Space/Grassy Areas	Pavilion	Pickleball Court*	Picnic Tables	Playground Equipment	Restrooms - All Season	Restrooms - Seasonal	River Access	RV Dump Station	RV Parking/Camping	Sand Volleyball Court*	Soccer Field	Swimming Pool	Tent Camping	Trailhead Access	Walking Path	Water Fountain
1 6th Street Park		●							●						●					●					
2 Circle Park				●					●	●		●				●						●			
3 Foothills Park									●				●												
4 McHatton Park			●						●			●													
5 Paintbrush Park	●	●	●			●			●	●		●	●	●							●			●	●
6 Phillip & Dorcas Jensen Park					●		●		●			●											●		
7 Sage Hills Park									●																
8 Sanderson Hills Park				●			●		●	●		●	●	●						●			●	●	●
9 Town Park			●	●				●	●	●	●	●	●	●		●	●	●	●					●	●



Difficulty Key for Hiking Trails

Easy = young & elderly, someone in fair hiking condition, very little elevation gain

Moderate = someone in good hiking condition, increased mileage, moderate elevation gain

Challenging = someone in good hiking condition, increased mileage, significant increase in elevation

Detailed trail map found at ERBMrec.com/trail-system.

Chris Latham Photography

TRAIL INFORMATION

Meadow Loop Trail (0.68 miles)
Bike/Hike: Both
Difficulty: Easy
Best Entry: Sanderson Hills Trailhead

Pinyon Trail (0.95 miles)
Bike/Hike: Both
Difficulty: Easy
Best Entry: Sanderson Hills Trailhead

Sage Hills Trail (0.29 miles)
Bike/Hike: Both
Difficulty: Easy
Best Entry: Sage Hills Trailhead

China Wall Trail (3.9 miles)
Bike/Hike: Both
Difficulty: Moderate with challenging sections
Best Entry: Sanderson Hills and Ute Park Trailheads

One Way Flow Course Trail (0.78 miles)
Bike/Hike: BIKE ONLY
(Flow runs North to South)
Level: Intermediate
(determined by Bike Flow Course Specialists)
Best Entry: 7th Street Trailhead

BLM Access Trail (0.25 miles)
Bike/Hike: Both
Difficulty: Moderate
Best Entry: Sanderson Hills Trailhead

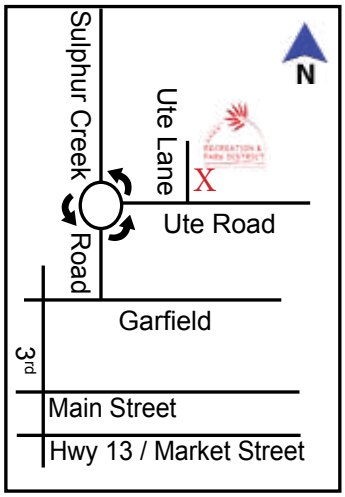
East Ridge Trail (1.3 miles)
Bike/Hike: Both
Difficulty: Moderate with challenging sections
Best Entry: Sanderson Hills Trailhead
(The trail leads to four miles of two-track trail on BLM land that was previously inaccessible to the public by trail. Visitors can travel on the roads, but need to be sure they remain on BLM public lands. The main road has a "Leaving Public Lands" sign to mark the boundary.)

Hidden Valley Trail (2.5 miles)
Bike/Hike: Both
Difficulty: Moderate
Best Entry: Sanderson Hills Trailhead

Lion Canyon Trail (2.1 miles)
Bike/Hike: Both
Difficulty: Moderate
Best Entry: Sanderson Hills Trailhead

PROGRAM LOCATIONS

Meeker Recreation Center (MRC).....101 Ute Road
Pool/Studio/Lounge/Multi Purpose(MP) Room/Fitness Room
6th Street Park.....711 6th Street
Circle Park.....1 South 5th Street
Foothills Park.....1106 Pinyon Street
McHatton Park.....820 11th Street
Paintbrush Park.....101 Ute Road
Phillip & Dorcas Jensen Memorial Park.....*Sanderson Hills Trailhead*
1091 Sanderson Drive
Ute Park Trailhead
12th and Hill Street
Sage Hills Park.....1315 Sage Ridge Road
Sanderson Hills Park.....1091 Sanderson Drive
Town Park.....20 South 4th Street



MEEKER SCHOOL DISTRICT FACILITIES

Admin Gym/West.....555 Garfield Street
Barone Middle School (BMS).....Bob Tucker Drive
Meeker Elementary School (MES).....201 Ute Road
Meeker High School (MHS) &
Starbuck Stadium & Bob King Track ....550 School Street

COMMUNITY FACILITIES

4-H Community Center &
RBC Fairgrounds (OEH).....700 Sulphur Creek Road
Downtown Plaza.....550 Main Street
Fairfield Center.....200 Main Street
Meeker Golf Course.....903 County Road 13
White River Museum.....565 Park Avenue
Meeker Public Library.....490 Main Street
Old West Heritage Culture Center.....517 Park Avenue

AFFILIATE RECREATION ORGANIZATIONS

ORGANIZATIONS

RBC Golf Association	970-878-5642	903 County Road 13
Meeker Chamber of Commerce	970-878-5510 | meekerchamber.com	710 Market Street
Pioneers Medical Center Blazin' Trails	970-878-5047	100 Pioneers Medical Center Drive
Meeker Classic Championship Trials	meekersheepdog.com	
Meeker Arts & Cultural Council (MACC)	macc.inmeeker.com	
Colorado Parks and Wildlife	970-878-6090	73485 Highway 64
Bureau of Land Management	970-878-3800	220 E. Market St
4-H	970-878-9490	779 Sulphur Creek Rd
Meeker School District	970-878-9040 | meeker.k12.co.us	555 Garfield St
Forest Service	970-878-4039	220 E. Market St
Old West Heritage Culture Center & RBC Historical Society & White River Museum	970-878-9982 | rioblancocounty.org president@rbchistory.org	565 Park Ave
Connection 4 Kids (birth-8 years old)	Sarah Grimes	970-878-3196

ATHLETICS

Meeker Mustang Football (Tackle football for grades 3-6)	Chris Lockwood	970-208-2585
PeeWee Wrestling (Wrestling for grades Pre-K-6th)	Carl Padilla	970-261-1441
MHS Athletics	Klark Kindler, Athletic Director	klark.kindler@meeker.k12.co.us
Baseball & Softball - Little League	www.crvbaseball.com	
Travel Softball	Briana Williams	970-878-3206

CLUBS

Wagon Wheel OHV Club	Linn Pettijohn	wagonwheeltrails.org
Snowmobile Club	Troy Hilkey	970-756-0717
Girl Scouts	Amberly Petty	Heather Sauls
SCUBA Club	Horst Rick	hsrick@wreawildblue.org
Meeker Sportsman's Club	www.meekercoloradosportsmansclub.com	
White River Nordic Council (Facebook)	Denver & Jan Hayes	970-878-4359
Meeker Lions Club	Mike Miller	290 4th Street

POLICIES & PROCEDURES

REGISTRATION PROCEDURE

- Visit Guest Services at the Meeker Recreation Center.
- Call Guest Services at 970-878-3403. A debit/credit card is required if registering by phone.

Notes:

- Payment is required upon registration if the program/activity has a fee associated with it.
- Be aware that there are minimum and maximum participation numbers associated with some activities/programs. Ensure enrollment in the programs of your choosing by registering as soon as possible.

Deadlines:

- Early Bird Cost reflects the price paid on or before the listed deadline.
- If space allows, patrons may register after the listed deadline for Full Cost.

REFUND POLICY

Programs/Activities –

Full Refund:

- When entire program/activity is cancelled by the ERBM Recreation & Park District.
- When registrant withdraws from program/activity prior to registration deadline.
- When a drop-in fee or birthday party fee or reservation has been paid and the pool or park has closed unexpectedly.

Partial Refund:

- When there is a partial cancellation of a program/activity.

No Refund:

- For withdrawals on or after first day of program/activity.
- No refunds for contracted service programs.

Refund Questions:

- See Guest Services for any other questions or to inquire about any refund.

**Exceptions to this refund policy may be approved by a supervisor or manager.*

Memberships –

Prorated Refund:

- Annual memberships paid in full at the time of purchase may qualify for a prorated refund based on the month of expiration. Please speak with Administrative Services Supervisor for more information.

No Refund:

- For planned or unexpected closures; for annual memberships on a monthly payment plan.

Refund Options –

- When a refund is issued, the patron will have the option to put the refund amount on account or receive a check by mail. Refunding to credit/debit cards is NOT an option.

CODE OF CONDUCT POLICY

ERBM Recreation & Park District seeks to create a welcoming environment for all facility users and program/activity participants. To assist in ensuring a safe and satisfactory experience, the District asks that all patrons exhibit respectful, courteous, and considerate behavior. The District reserves the right to take appropriate actions with any individual who demonstrates inappropriate behavior.

ACTIVITY/PROGRAM CANCELLATION POLICY

ERBM Recreation & Park District reserves the right to postpone, reschedule, or cancel any activity if, at any time, the weather conditions and/or field/facility are deemed unsafe. Activities postponed or cancelled may or may not be rescheduled. For current information call Guest Services at 970-878-3403 or visit www.ERBMrec.com prior to the start of the program/activity.

Some activities/programs may have a minimum number of participants needed to run the activity/program. In the event the minimum has not been met, ERBM Recreation & Park District reserves the right to cancel the activity. Participants will be notified and a refund will be given.

AGE/GRADE REQUIREMENTS POLICY

Programs/Activities –

- Participants must be the required age/grade on the first day of the program/activity.
- Programs for children ages 2–3 require the child to be at least 2 years old and under 4 years old on the first day of the program/activity.
- Pre K–K programs are for children at least 4 years old on the first day of the program through Kindergarten age. They do not need to be enrolled in Preschool or Kindergarten.

Grade Requirements –

- For June through August programs/activities with grade requirements, refer to the grade the participant will enter in the fall.
- For programs/activities that occur during the school year, refer to the grade in which the participant is currently enrolled.

Special Program Exceptions –

- Age requirements for certain external sport league programs, such as Coach/Machine Pitch, are determined by the league. The age required by date may be something other than the first day of the program. Details will be in the pertinent Line-Up.
- National/state programs, such as the *Denver Nuggets Skills Challenge*, *Colorado Rockies Skills Challenge*, etc., have their own age-by date requirements. Details will be in the pertinent Line-Up.
- Programs containing curriculum and/or requirements imposed by other external organizations, such as American Red Cross, may have their own age requirements.

ADA/INCLUSION PROCESS

ERBM Recreation & Park District invites patrons with or without disabilities to join our programs, parks, and facilities. If you are in need of modifications because of a disability, contact Shelly Rogers, Accessibility Coordinator, at 970-878-7415.

CHILD SUPERVISION POLICY

For their own safety and in consideration of other patrons, children under the age of 8 must be supervised by someone that is at least 13 years of age while in the facility; this applies to children ages 6-7 that have passed a swim test. Those participating in an ERBM program, activity, or event are excluded from this policy because they are under ERBM supervision.

VOLUNTEER OPPORTUNITIES

To inquire about volunteering with the ERBM Recreation & Park District, contact Guest Services at 970-878-3403 or visit www.ERBMrec.com to download and print a Volunteer Handbook.

PHOTOGRAPHY POLICY

The ERBM Recreation & Park District staff routinely photographs and videotapes guests enjoying our parks, facilities, programs, events, and equipment. These images may be used in print, visual presentations, and on the website or social media to promote the District. If you do not wish yourself and/or your children to be photographed, please inform Guest Services and complete the Media Release Refusal form.